

**AUGUST  
2006**



Phoenix Crane Rental ❖ Dixie Erectors ❖ Northeast Georgia Crane

# The "Booming" News

## *July Birthdays...*



Demarco Hill	8/02
Jose Rubio	8/02
Dave Padowitz	8/07
Juan Gallegos	8/08
Scott Phillips	8/09
Gary Rayman	8/09
A.J. Jackson	8/10
Mike Phillips	8/15
Luis Ceron	8/17
Adalberto Gallegos	8/17
Kris Bleiler	8/18
Margaret Perez	8/20
Doug Todd	8/22
Francisco Martinez	8/23
Jim Hall	8/25
Luis Jimenez	8/25
Darrell Bradley	8/26
Armando Ramirez	8/28
Nate Parham	8/30

## *Employment Anniversaries...*

Calvin Clay	8/04	11 years
Melanie Buffington	8/07	11 years
Keith Adams	8/02	5 years
David Morin	8/06	4 years
Charlie Williford	8/14	4 years
James Fryerey	8/01	2 years
Craig Pierce	8/02	2 years
Saul Martinez	8/26	2 years
Antonio Ramirez	8/25	1 year
Alberto Ramirez	8/25	1 year
Chris Benson	8/26	1 year
Jose Barraneo	8/29	1 year

*Thank you for your  
dedication & commitment!*



### **Attention All CDL Holders:**

The new Georgia Law requiring CDL Holders to complete Highway Watch Training in order to **RENEW** or apply for a NEW CDL went into effect on July 1, 2006.

If you did not attend the August Safety Meeting and complete your Highway Watch Training, please contact Margaret or you can go online to [www.gtma.org](http://www.gtma.org). This site allows ordering of training materials, on-line training and registration and the ability to print an instant Temporary Highway Watch ID Receipt to take to a DDS office.

All training options are free of charge.

Highway Watch  
Georgia Motor Trucking Association  
1800 Lake Park Drive, Suite 123, Smyrna, GA 30080  
Phone: (770) 444-9771, ext. 232  
[www.gtma.org](http://www.gtma.org)



# HR BULLETIN

By Isel Silva, Human Resources Manager

I wanted to take a moment to let you know that I am leaving my position at Phoenix Crane. It was a difficult decision to come to, but I am looking forward to new challenges and to starting a new phase of my career.

I have enjoyed my tenure here and I appreciate having had the opportunity to work with all of you. Thank you for the support, guidance and encouragement you have provided me during my time here. I have made some lasting friendships and I will miss each and every one of you.

I wish you all much continued success.

Thanks again for everything.

Yours truly,  
Isel



## A lesson in Spanish/Una lección en Ingles

Connector (steel erection)	Conector de acero estructural
Cylinder	Cilindro
Electric cord	Cable eléctrico
Fall protection	Protección contra caídas
Fire extinguisher	extinguidor de fuego
Guardrail system	Sistema de barandas
Lockout/tagout	Interrupción de energía usando candado y etiqueta
Safety harness	Asperas de seguridad

## Protect Yourself Heat Stress



When the body is unable to cool itself by sweating, several heat-induced illnesses such as heat stress or heat exhaustion and the more severe heat stroke can occur, and can result in death.

### Factors Leading to Heat Stress

High temperature and humidity; direct sun or heat; limited air movement; physical exertion; poor physical condition; some medicines; and inadequate tolerance for hot workplaces.

### Symptoms of Heat Exhaustion

- Headaches, dizziness, lightheadedness or fainting.
- Weakness and moist skin.
- Mood changes such as irritability or confusion.
- Upset stomach or vomiting.

### Symptoms of Heat Stroke

- Dry, hot skin with no sweating.
- Mental confusion or losing consciousness.
- Seizures or convulsions.

### Preventing Heat Stress

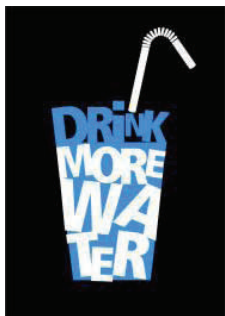
- Know signs/symptoms of heat-related illnesses; monitor yourself and coworkers.
- Block out direct sun or other heat sources.
- Use cooling fans/air-conditioning; rest regularly.
- Drink lots of water; about 1 cup every 15 minutes.
- Wear lightweight, light colored, loose-fitting clothes.
- Avoid alcohol, caffeinated drinks, or heavy meals.

### What to Do for Heat-Related Illness

- Call 911 (or local emergency number) at once.

While waiting for help to arrive:

- Move the worker to a cool, shaded area.
- Loosen or remove heavy clothing.
- Provide cool drinking water.
- Fan and mist the person with water.



**THINK.**

- THINK before you make a final decision.
- If you're not sure of something, THINK about asking for assistance.
- THINK about how that decision will effect you and your company.
- THINK about how much accidents cost all of us.